

CARERS IN HERTFORDSHIRE

Volunteer Hub Leader/Co-Leader Caring Communities Project

<p>Carers in Hertfordshire is a charity supporting unpaid family carers caring for a relative, child or friend who relies on their support. We have developed 16 Carer Support Hub groups across the county to reach out and offer practical and emotional support to carers. Each group needs two volunteers to share the leader role and to chair the group supported by other volunteers in the group.</p>	
<p>Where will I be carrying out this role?</p>	<p>You will carry out this role at the Hub venue in your local area.</p>
<p>How much time will I be expected to give?</p>	<p>Approximately four hours a month. The Hub groups meet once a month for two hours at an agreed and regular time. There will be some administration and record keeping which you can do from home for example sending the register to the Hub Co-ordinator.</p>
<p>What will I be doing?</p>	<ul style="list-style-type: none"> • Arriving at the venue before the meeting to set up. • Liaise with other Hub volunteers to agree tasks. • Welcoming carers to the meeting, taking a register and noting details of new carers to be registered with Carers in Hertfordshire. • Helping the group to agree the programme for each meeting, facilitating the meeting and helping the group keep to the rules it has agreed. • Introducing speakers. • Referring carer queries to Carers in Hertfordshire's Carer Support Advisors or Hub Co-ordinators. • Closing the meeting, tidying and locking up the venue if necessary.
<p>What skills, experience and attributes do I need?</p>	<ul style="list-style-type: none"> • An understanding of the experience of caring. • Interest in improving support for unpaid carers in your local area. • A desire to do something worthwhile and contribute to your community. • Good communication skills, confidence in speaking in front of a group and the ability to motivate yourself. • Ability to get on well with other people and enjoy working with others. • Good organisational skills.

<p>What can I expect from Carers in Hertfordshire?</p>	<ul style="list-style-type: none"> • Opportunities to develop your skills and experience. • Rewarding experiences which will help you to benefit carers. • Training and support will be provided to help you with the role and develop your skills. • The opportunity to meet with other volunteers to share best practice and learn from each other.
<p>General information</p>	<p>The role of volunteers in Carer Support Hubs is supported by the Community Fund of the National Lottery.</p> <p>All out of pocket expenses can be paid.</p> <p>Please note this opportunity is only available to those over 18 years of age.</p> <p>This role may require a DBS check (formerly CRB).</p>
<p>I'm interested, What's my next step?</p>	<p>If you'd like to find out more about becoming a Hub Leader or Co-Leader, please contact us:</p> <p>Telephone: 01992 58 69 69</p> <p>Email: volunteer@carersinherts.org.uk</p> <p>Website: www.carersinherts.org.uk/help-us-help-carers/volunteer</p>

Contact us

Telephone 01992 58 69 69 **Email** volunteer@carersinherts.org.uk

Website: www.carersinherts.org.uk/how-we-can-help/carer-services/carer-support-hubs