



1	Present
	<p>Carers 5</p> <p>Carers in Herts (CiH) Nicola Beedell (NB) – Involvement Team (chair) Sarah Williams (SW) – Involvement Team (minutes) Will Davis (WD) – Involvement Team Clare Teale (CT) – Carer Support Advisor</p> <p>Guests Carers UK - David Grayson, Chair and Helen Walker, CEO, together with Tim Anfilogoff (NHS Herts Valleys CCG) and Carole Whittle (CiH)</p>
2	Welcome
	NB welcomed everyone and introductions were made.
3	Presentation by John Murray, HPFT Service Line Lead, Crisis Services - HPFT Street Triage service
	 <p>Street Triage Presentation.pptx</p> <p>Q. What happens when service users regularly move in and out of Hertfordshire? A. This situation makes it is difficult to join up services – Hertfordshire staff don't have the working relationships / don't know the pathways of agencies out of county.</p> <p>Q. Service users on HPFT's PARIS system – do mental health and physical health records/services link up to share information? A. No. Organisations use different computer systems and there is governance around data protection.</p> <p>Q. Are there markers on the police system to identify vulnerable service users? A. Yes – for example a mental illness such as schizophrenia would be a marker.</p> <p>Q. SK runs a Family, Friends & Carers support group for people affected by others drug and/or alcohol misuse. A lot of people don't want to involve the police when someone is becoming aggressive and the situation is volatile. Is there another service? A. No. If you think someone is of danger to themselves or to another person the advice is to contact the Police. There is the Mental Health Helpline who can access the 24 hour C-CATT Crisis Team.</p> <p>See last slide Serenity Integrated Mentoring</p> <p>Q. This service is based on someone being repeatedly sectioned on a Section136. Is this the only way to access the service? Can HPFT look at other ways to access the service for example frequent presentation to an A&E department? A. HPFT has to work to a programme and this is a new service which currently comprises of only two staff. C. It could be rolled out to other longer-term service users when they broaden the criteria.</p>

	<p>C. In the new housing related support service there is some provision for service users who are not abstinent. This is a new beginning and there is hope for the future. Discussion took place around stigma with some carers saying that society doesn't accept D&A service users and carers are not identified as such by carers with a more traditional caring role. There have however been improvements in A&E departments and some services.</p>
4	<p>Presentation by Sandra (SK), Resolve – Support Services for Family, Friends & Carers of people with addiction issues. Find more information about RESOLVE services at www.resolve.online.org</p>
	<p>SK runs a Family, Friends & Carers support group for people affected by others drug and/or alcohol misuse. The group meets on a Tuesday evening from 5pm – 6.30pm, with support staff available from 3pm should you wish to speak to someone. The number to ring is 01707 690739 and the group is held at The Old Post Office, Woodhall Community Centre, Welwyn Garden City AL7 3XD.</p> <p>The group is facilitated by Sandra who has personal experience of caring for someone with drug and alcohol issues. Please note the service user does not need to be using the Resolve service – this service is for YOU. The groups provides a safe, friendly, non-judgemental space to talk openly and share experiences with other carers. You are welcome to come along on the night or telephone to let them know you will be attending.</p> <p>If you attend the group regularly you can access Resolve's one to one counselling service and complimentary therapy such as Acupuncture.</p>
5	<p>Presentation by MC (carer), A Medical Herbalist – Caring for Carers and the importance of Nutrition</p>
	<p> carers 2 slide.pdf</p>
6	<p>Questions for Natasha Welsh, Commissioning Manager, Public Health at Hertfordshire County Council re: Drug & Alcohol provision in Hertfordshire for next Fom 03.09.19:</p>

	<p>Why did CGL Spectrum get all the funding or the majority of the funding for the Drug & Alcohol services in Herts again?</p> <p>Is there any thinking around setting up Day Rehabilitation services in Herts for people who misuse drugs and/or alcohol. This is a new approach currently being launched in London. See Help Me Stop. https://helpmestop.org.uk/</p> <p>Please tell us about the housing related support service for drug and alcohol service users including those service users who are not yet abstinent.</p> <p>What are the pathways for the service users accessing the housing related support service?</p> <p>How can we improve services for someone with a dual diagnosis coming out of drug and alcohol rehabilitation to access the mental health service and appropriate therapy?</p> <p>Dual diagnosis protocol. Why can't CGL (drug and alcohol service) work with HPFT (mental health service) and why can't HPFT work with CGL to provide effective joined up working?</p>
7	Minutes of Meeting 07.05.19 – Agreed
8	AoB
	<p>SK – Resolve would like to be invited to do a talk on the service. Action – NB will contact SK to arrange.</p> <p>A carer commented that there were not many carers at the Forum today (5 attended). SW said 12 carers had booked to attend one of which had sent their apologies.</p> <p>NB – CiH are planning to hold an event in October/November around Dual Diagnosis and will keep carers updated.</p>
9	Guest Speakers requested for the future
	<p>Mental health training for the Police</p> <p>Dual Diagnosis – the new Protocol</p> <p>Turning Point Complex Needs Service</p> <p>Crisis – what to do, who to contact</p> <p>Community Navigators</p> <p>PoHwer – Advocacy service</p> <p>Nightlight</p>

Family Carer Forum

2nd July 2019 – Oxlease House, Hatfield



10	Next Forum
	<p>Dates of Forums in 2019 Tuesday 3rd September Tuesday 3rd December</p> <p>All of the meetings take place at Oxlease House, Travellers Lane, Hatfield, AL10 8TJ, from 10am – 1:00pm. Refreshments and a light sandwich lunch are provided.</p> <p>Please call 01992 586969 or email contact@carersinherts.org.uk to book a place.</p>