



Spectrum

Hertfordshire Drug &
Alcohol Recovery Services

CGL Spectrum Drug and Alcohol Recovery Service & Spectrum FYP (Families and Young People)



Our goal is to help service users regain control, change the direction of their lives, grow as a person and live life to its full potential.

We work in partnership with



Herts County Council



Carers in Hertfordshire



Viewpoint



NHS



Turning Point



The Living Room

Partnership and Joint Working



Education/ Training/
Employment

Social Services

Intensive Family Support

Jobcentre Plus .

Family, Friends and Carers

Targeted Youth Support

Citizens Advice Bureau

GPs and Pharmacists

YC Hertfordshire

Housing

Community Mental Health
Team

Probation

Specialist Teams



- Opiate Team – dependent opiate users
- Alcohol Team – dependent alcohol users
- Complex Team- dual-diagnosis
- Engagment&Rapid Recovery- non dependent alcohol and non-opiate substances

Specialist Clinical Teams



- Consultant Psychiatrist and Clinical Lead
- Substance Misuse Doctors
- NMP – Nurse Prescribers
- Health and Well Being Nurse
- Psychologist

Specialist Co-located Teams

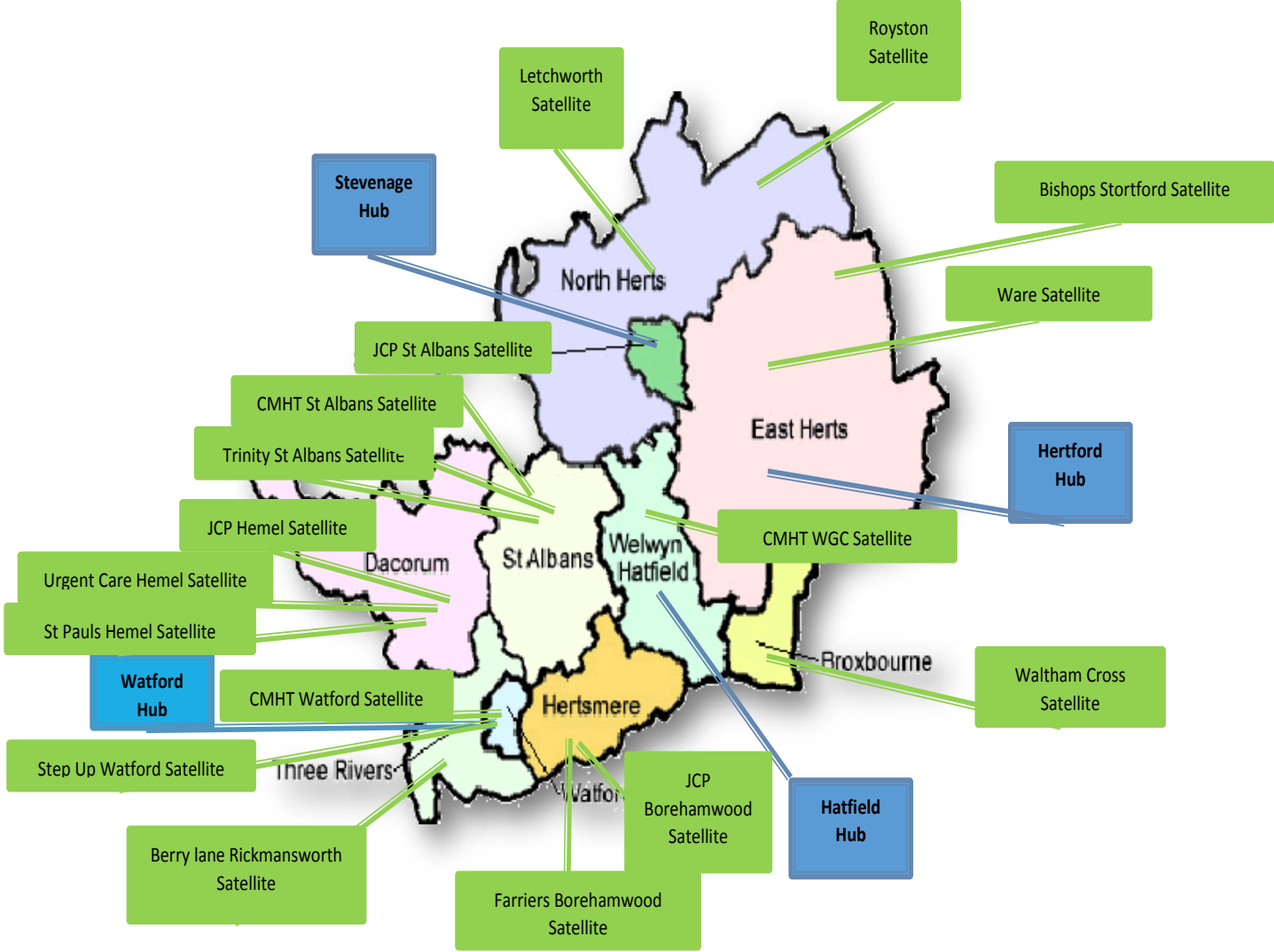


- Family Safeguarding Team
- Hospital Liaison Team- Lister and Watford
- Integrated Criminal Justice Team, including custody suites in Stevenage and Hatfield
- Family and Young People
- Social Work Team

Spectrum footprint across Hertfordshire



Hertfordshire Projects
CQC Registered Hubs
Out Reach Satellites



What we offer



Spectrum Services:

We offer a wide range of different services across the recovery spectrum for our Service Users and Carers.

- Substance Misuse Assessment
- Specialist Prescribing
- Key Worker Support
- Structured Day Groups
- Family, Friends and Carers support
- Education and training opportunities
- Detoxification and Rehabilitation
- Substance Testing
- BBV Testing and Vaccinations
- Naloxone
- Needle Exchange
- Complex Needs support
- Housing support
- JCP joint working protocol



For a copy of our referral forms please phone or email the service.

We offer an 8-week programme to support you if you are affected by someone else's drug or alcohol issues. We can....

- To help carers build a therapeutic relationship with Spectrum, other support services and each other.
- To help carers prepare to undertake a recovery journey
- Learn how to set goals and get goals!
- Identify carers strengths and build on them.
- Learn techniques to help manage carers lives more effectively.
- Identify your recovery capital.
- Understand the importance of a recovery plan and how to use one to progress in their recovery.



What's new for Hertfordshire?



- Under-18s drug and alcohol treatment and under 25 Young Adult service
- Single Point of Contact for all communications into Spectrum
- Enhanced use of digital resource, including online chat facilities
- Families Living in Recovery (FLiR)
- <https://www.changegrowlive.org/spectrum-drug-alcohol-recovery-service-hertfordshire>



Under-18s drug and alcohol treatment

The biggest addition to our services will be the provision of under-18s treatment in the area, where we will see young people with substance misuse problems in community settings as well as work with children and young people who are affected by parental substance misuse. We will also work with partners and community groups to deliver drugs awareness and education to schools and the general public.



Resilience worker, intensive tier 3 support, specialist prescribing, harm reduction and community rehabilitation.



Hidden harm worker
intensive family support



Targeted intervention workers
targeted support, harm
reduction and emerging needs.
Communities and Schools

Service users engagement centre - SUEC



We are improving access to treatment for our adult service users with the launch of a new engagement centre and single point of contact (SPOC) and expanding our communications channels to include Whatsapp and Telemedicine facilities. The SPOC will be used as the gateway into our services, whether using email, phone calls or web chat. The under-18s service and new single point of contact will launch on April 1st 2019.

How to access our service

If you are an adult and would like to access treatment you can self-refer by using our [online form](#). If you are a professional who would like to refer someone else you can do so via our other [online form](#). If you have any queries at this time, you can call 0800 652 3169 or email herts@cgl.org.uk. On 1 April the new service begins and we will launch our service user engagement centre, at which point we will supply everyone with our contact details.

