

**MENTAL HEALTH CARERS FORUM  
AGENDA  
Tuesday 16<sup>th</sup> July 2019**



**TIME:** 6.30pm tea/coffee and cakes  
Start at 7.00pm and finish at 9.00pm

**VENUE:** Oxlease House, Travellers Lane, Hatfield, AL10 8TJ

1	<b>Welcome and introductions</b>
2	<b>Minutes from last Forum</b>
3	<b>Feedback:</b> of latest news and developments from Carers, Carer Representatives and Carer Involvement Workers, identifying any issues to raise at the next round of commissioning/ working group meetings.
4	<p><b>Topics you'd like to hear about at future meetings – Speakers to be arranged</b></p> <ul style="list-style-type: none"> <li>• The NHS 10-year Plan</li> <li>• How to help manage the cared-for's finances</li> <li>• Planning for the Future (Rethink Mental Health are researching this, and maybe a day event with a speaker)</li> <li>• Parity of Esteem</li> </ul>
5	<p><b>Guest Speaker:</b> Healthwatch Hertfordshire project - the Carers' Involvement in Mental Health Inpatient Discharge Project. Research Officers Annabel and Chloe, will give a presentation and update on the project and discuss what is best practice with regards to being discharged.</p>
6	<b>Any other Business</b>
7	<p><b>9.00pm Close</b> <b>Next Forum</b> – Tuesday 17<sup>th</sup> September, 2019, 10.30am - 12.30pm. Guest speaker to be arranged.</p>