

**Providing Opportunities & Activities for adults with
mental health issues or learning disabilities**

Newsletter - September 2019

FUNDRAISING

Jazz & Prosecco Evening 3rd October 2019 - £10 per person

We are holding a fundraising evening where you will be able to listen to live music, have a few drinks/nibbles and win some fabulous raffle prizes (hotel stay with breakfast, afternoon tea...). All proceeds will be going towards our charity – so why not give back to the community whilst having fun! Non alcoholic alternatives will be available. Please note this is a public event for our supporters, partners, family and friends of TCP. Some clients have shown interest in attending. They are welcome to come with a carer (carer must also pay entrance fee) but please be aware there will be alcohol widely available and this is a public event where TCP will not be able to support clients.

For tickets and further information contact our Day Services Manager, Nazma Miah:
trinityprojectmanager@gmail.com

TRAINING

First Aid

We are planning on organising a First Aid Course in the near future for our volunteers and staff. If you have staff and volunteers you would like to train up or need their First Aid renewed please let our Day Services Manager know and we will be in touch with cost and timings.

ACTIVITIES, COURSES & TRIPS

New Programme Out now

Our packed programme of activities for October and November is out now. Some of the activities include Music Therapy, Fun Fit games and trips such as Bowling and Hazard Alley. If you have not yet received a copy please email TCP who will happily email you a schedule of events. If you wish to, we can put you on our regular mailing list.

Email: trinitydaycentre@gmail.com

STAFFING

New Activities Co-ordinator

We would like you to join us in welcoming our new Activities Coordinator Ben Barrell. Ben will be joining the TCP team working alongside our Day Services Manager Nazma Miah, Toni Vyse our part time support worker and also our bank support– Matt Mallinson. Ben will also be working with our team of volunteers who we would be lost without!

VOLUNTEERS WANTED!

Trustees, IT support & Admin

Do you have skills you can lend us? TCP relies on volunteers to help deliver our services and keep things going in the back ground. We are currently looking for Trustees to help our current team with the strategic development of our charity. We also need IT support to help us with hardware & software issues and volunteer admin support. If you can spare a few hours a month we will be happy to hear from you. More information is available on our website or contact the office.