

**Carers in Hertfordshire  
LD Carers Forum  
Notes of meeting held Tuesday 5<sup>th</sup> February 2019**

<b>1</b>	<b>Carers Present: 12</b>
<b>2</b>	<b>Others Present:</b> <ul style="list-style-type: none"> <li>• <b>Chair - Marie Scales</b></li> <li>• <b>Carers in Hertfordshire - Sue Maskell, Sue Felgate and Maria Kiely</b></li> <li>• <b>Professional – Tracey Brennan</b> Commissioning Manager at Hertfordshire County Council</li> </ul>
<b>3</b>	<b>Welcome by Chair</b> <p>Updates on meetings</p> <ul style="list-style-type: none"> <li>• <b>Purple Star Strategy</b></li> </ul> <p>Four more GP surgeries have recently been Starred. Carers and clients are beginning to notice the difference and other GPs are showing an interest in gaining the star.</p> <ul style="list-style-type: none"> <li>• <b>Learning Disability Planning and Performance Group (LDDPPG)</b></li> </ul> <p>two new GPs have been named <b>tracey</b></p> <ul style="list-style-type: none"> <li>• Learning Disability Partnership Board (LDPB)</li> </ul> <p>The next meeting is on 21<sup>st</sup> February 2019 at Lemsford Village Hall WGC. Any carer interested in attending as a guest please contact Kim Honeyball <a href="mailto:Kim.Honeyball@hertfordshire.gov.uk">Kim.Honeyball@hertfordshire.gov.uk</a> to book a place.</p> <ul style="list-style-type: none"> <li>• <b>Life Long Learning Working Group</b></li> </ul> <p>Feedback will be at the next LD Carers Forum as our meeting has been delayed until the 27<sup>th</sup> February when we will be meeting with Herts Help to discuss how we can input feedback into the quality of service they provide.</p> <ul style="list-style-type: none"> <li>• <b>Self- Assessment Framework (SAF)</b></li> </ul> <p>Our first SAF meeting of the year was planned for the 25<sup>th</sup> February but is having to be rearranged due to a lot of apologies of absence.</p> <ul style="list-style-type: none"> <li>• <b>Healthwatch</b></li> </ul> <p>No meetings since the changes in staff last year but now the position is filled we hope the meetings will commence again soon.</p>
<b>4</b>	<b>Presentation /Guest Speaker</b> <p>Tracey Brennan Commissioning Manager/ Local Area Contact at Hertfordshire County Council gave a talk and presentation (as attached) on <b>Reducing Health Inequalities for people with a learning disability</b>. This was followed by a chat about <b>STOMP – Stop over medicating people with a Learning Disability and Autism</b>.</p> <p>Tracey did explain that some of the content regarding LeDeR (Learning Disability Review of Mortality) may be upsetting for carers and said she would not be offended if carers who felt uncomfortable or upset decided to leave during the session. None of our carers left and in fact had very good, useful discussions around the subject. Tracey tweeted after the meeting as to how well the meeting went.</p> <p><b>We have leaflets on stomp which you can see on our website <a href="#">HERE</a></b></p>

5	<p><b>Any Other Business</b></p> <p>We had a visit from Sarah Murphy who works at a terrific <b>Hair and Beauty salon in Stevenage called Shades</b>. Our Passport discount book includes this outlet as they have a sensory room for people with disabilities, wheelchair access and make reasonable adjustments to provide people with Learning Disabilities and Autism a service. For more information call 01438 354 360 or look at the website <a href="http://www.shadesofstevenage.com">www.shadesofstevenage.com</a></p> <p>We had a chat about the annual Health Checks and the great carers tool available HERE <a href="http://www.carersinherts.org.uk/downloads/have-your-say/learning-disability-1/815-gp-annual-health-check-carer-prep-tool-herts/file">http://www.carersinherts.org.uk/downloads/have-your-say/learning-disability-1/815-gp-annual-health-check-carer-prep-tool-herts/file</a></p> <p>This is another useful health link.  <a href="https://www.hertfordshire.gov.uk/services/adult-social-services/disability/learning-disabilities/my-health/my-health.aspx">https://www.hertfordshire.gov.uk/services/adult-social-services/disability/learning-disabilities/my-health/my-health.aspx</a></p>
6	<p><b>Date of next LD Forum is Tuesday 2<sup>nd</sup> April 2019.</b></p> <p>We hope to have Speakers from <b>HPFT to talk to us about</b></p> <p><b>At Birchwood Leisure Centre Hatfield</b></p>