

# Learning Disability Carers' Forums 2019

If you are caring for an adult who has a learning disability our Forums are a good place to meet other carers in a similar caring role to you. At the Forums you can receive information and hear from speakers about issues relevant to your caring role. You can also share your experiences and views about the health and care services in Hertfordshire with those who plan or provide them, to help improve the support that is available in the county.

**Tuesday 5th February 2019**

**Tuesday 2nd April 2019**

**Tuesday 4th June 2019**

**Tuesday 6th August 2019**

**Tuesday 1st October 2019**

**Tuesday 3rd December 2019**

**When: 10am - 12.30pm**

**A light sandwich lunch is served after each event.**

**Where: Birchwood Leisure Centre,  
Longmead, Hatfield, Herts, AL10 0AN.**

**(Except for the February and August meetings that  
will be held at the Howe Dell Community Centre,  
The Runway, Hatfield, Herts, AL10 9AH.)**

We can discuss travel arrangements with carers who do not have their own transport and covering the costs of alternative care if you need this to attend.

**To book your place please:**

**Call 01992 58 69 69**

**Email: [contact@carersinherts.org.uk](mailto:contact@carersinherts.org.uk)**

**Or visit: [www.carersinherts.org.uk](http://www.carersinherts.org.uk)**



**Carers**  
in Hertfordshire

charity registration number 1085491

*making carers count*

## About Carers in Hertfordshire

We support people providing unpaid care to someone who is elderly, disabled, ill or misuses drugs or alcohol. We provide guidance and services to carers - children and adults - throughout Hertfordshire and those outside of the county caring for someone in Hertfordshire.

Our advice, groups and training opportunities are free to carers.

We are partly funded by Hertfordshire County Council and the NHS in Hertfordshire. In partnership with them and other organisations, we provide services to carers to help them with their caring role, improve their health and wellbeing, give them a break from caring and have a voice in shaping services.

Our Crossroads Care Service (previously Crossroads Care Hertfordshire South) involves the provision of domiciliary care and Helping you Care (Carers Breaks) by trained Care Support Workers in Hertsmeare, Three Rivers and Watford. It is regulated by the Care Quality Commission.

### Carers in Hertfordshire

**The Red House, 119 Fore Street, Hertford, Herts, SG14 1AX**

**Tel: 01992 58 69 69**

**Care Service Tel: 020 8905 1158**

**Email: [contact@carersinherts.org.uk](mailto:contact@carersinherts.org.uk)**

**[www.carersinherts.org.uk](http://www.carersinherts.org.uk)**

## Our support for carers of an adult with a learning disability

We have Carer Involvement and Development Workers who can support you in speaking up about the services that you, your relative, partner or friend use. They can also help you to have a voice in service planning and performance monitoring. We also:

- Provide free training and learning opportunities;
- Give you a chance to meet and talk to other carers in a similar caring situation;
- Offer a Carers' Passport Discount Card that gives savings in shops, restaurants and other venues (contact us to apply for one.)

