

Dementia Carers' Forums 2019

Carers, our Forums provide a chance to meet up with others in a similar caring role. You can also share your views and experiences about the health and community services in Hertfordshire, including how they can be improved, with those providing or planning them.

Wednesday 16th January 2019

Letchworth Centre for Healthy Living, Rosehill Hospital,
Hitchin Road,
Letchworth,
SG6 3NA.

Wednesday 6th March 2019

South Hill Centre,
Cemetery Hill,
Hemel Hempstead,
HP1 1JF.

Wednesday 15th May 2019

Hoddesdon Baptist Church,
Burford Street,
Hoddesdon,
EN11 8HX.

Wednesday 17th July 2019

Birchwood Leisure Centre,
Longmead,
Hatfield,
AL10 0AN.

Wednesday 11th September 2019

Bishop's Stortford Baptist Church,
Twyford Road,
Bishop's Stortford,
CM23 3LJ.

Wednesday 20th November 2019

The Stanborough Centre,
609 St Albans Road,
Watford,
WD25 9JL.

**All from 10.30am to 12.30pm
(followed by a sandwich lunch).**

For carers of someone diagnosed with Dementia before the age of 65 we have a **Young Onset Dementia Carers' Forum**. The Forum meets on Wednesdays 13th February, 12th June and 16th October 2019 at Birchwood Leisure Centre, Hatfield. All 10.30am - 12.30pm (light lunch after).

**To book to attend call: 01992 58 69 69
or email: contact@carersinherts.org.uk
or visit www.carersinherts.org.uk/events**



charity registration number 1085491

Making Carers Count