

Dacorum NAS Social Group

ABOUT

A fortnightly social group for autistic people aged 18-30 based in Berkhamsted, covering the Dacorum area. The group will be outside of working hours to be inclusive of autistic people who work or are at school.

AIMS

- A chance to socialise
- Provide a space for autistic people to come together
- Meet fellow autistic people and develop friendships
- Have fun!

ACTIVITIES

We hope to have a mixture of activities including:

- Outings (e.g. Bowling, Cinema)
- Discussions
- Activities based in the centre
- Whatever the group wants to do!

INTERESTED?

- If you or someone you know would be interested email hertfordshire@nas.org.uk expressing your interest and please state:
 - Your name & age
 - Days of the week you can do & activities you'd like to do
- Once we have an idea of numbers, we will organise the first group meet-up