

C4A Carers' Group Meetings 2020

Do you provide unpaid care to an adult with an Autism Spectrum Disorder? If you do this Group provides an opportunity to meet other carers and receive information from guest speakers and others about issues relevant to your caring role.

You can also share your views and experiences about health and community services in Hertfordshire with those who plan or provide them to help improve the support that is available in the county.

Monday 20th January 2020

Tuesday 10th March 2020

Thursday 21st May 2020

Tuesday 14th July 2020

Tuesday 15th September 2020

Tuesday 10th November 2020

**Where: Oxlease House, Travellers Lane,
Hatfield, Hertfordshire, AL10 8TJ.**

When: 7.30pm - 9.30pm.

To book to attend please:

Call: 01992 58 69 69

Email: contact@carersinherts.org.uk

Visit: www.carersinherts.org.uk/events

We can discuss travel arrangements with carers who do not have their own transport and also helping with the costs of alternative care to enable you to attend.



charity registration number 1085491

Making Carers Count