

Parent Carer Action Group
Tuesday 7th July



At: Campus West, Welwyn Garden City,
Herts, AL8 6BX

10.30-12.00

**“What Works” – facilitated by Carmel Byers Senior
Lecturer in Social Work at University of Herts**

Have your input, using your experiences, into a training
resource for social workers and other professionals

Lunch at 12.00

(Free buffet lunch included)

12.30-14.00

‘Learning to Change’ – half day workshop
**facilitated by Jacqui Van Loen- who has a masters
degree in Psychology and specialises in leading
personal development courses.**

A ‘taster’ of the ‘Learning to Change’ personal development
course run by Carers in Hertfordshire. If you’re thinking
about making a change- maybe returning to study, getting
back into work or just simply feeling better about yourself-
this taster will give you an insight into how to manage and
achieve it.

**Limited spaces; if you would like to attend
either or both sessions, please contact us to
register for your place.**

Maria Kiely, *Carers in Hertfordshire*,
west.team@carersinherts.org.uk. Or 01442 253344 to
register your interest.

We offer reasonable help with transport expenses or arrangements, or with the cost
of alternative care.