



Registered Charity no. 1085491

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Factsheet D/A2
Hertfordshire
organisations
Providing support
For drug & alcohol

Is your life affected by the drug or alcohol use of a relative or friend? If so, you might experience feelings of fear and loss, anger and betrayal, shame and isolation. There are organisations that can provide support, advice and information to you and to your relative or friend. This factsheet lists voluntary sector organisations which provide services solely for family carers* or as an addition to services for people who misuse drugs or alcohol**.

Al-Anon **

Family group meetings are held weekly and last for one and a half hours

For details of a group in your area please contact one of the following:

Al-Anon Tel: 020 7403 0888 or visit the **Al-Anon** website www.al-anon.org.uk and select the Al-Anon groups and meetings list

Carers in Hertfordshire 01992 586969, 01442 253344 or 01462 456660

– ring our office local to you and we will look up the website for you

Families Anonymous *

A self help fellowship of families and friends of drug users and those with related behavioural problems.

For details of a group in your area call

Tel: 0845 1200660 or email office@famanon.org.uk

Focus Project *

The Focus Project is an organisational member of BACUP and covers Dacorum providing family carers with information, one to one advice, counseling and alternative therapies.

Tel: 01442 876255

Jewish Care *

Jewish Care provides a culturally sensitive service to family carers who are members of the Jewish community in Hertsmere, St Albans and Harpenden, Watford and Three Rivers and South East Herts.

Tel: 020 8922 2222

Parental Drug Awareness Service (PDAS) *

Service is county-wide

Free and confidential service offering information, support and advice to parents and carers.

Tel: 01707 393934

The Living Room

Service is county-wide

Free service to assist people who are experiencing difficulties related to alcohol, drugs or any other dependency – and their families and friends

*The information contained on this sheet is correct at the time of issue.
Carers in Hertfordshire takes no responsibility for any inaccuracy in facts supplied to them*

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Tel: 01438 355649

Web: www.thelivingroom.me.uk

Turning Point Hertsreach (Turning-Point in partnership with Vale House) provides services to drug/alcohol users and offers support, advice and information to their families and friends.

Turning Point Hertsreach Dacorum **

Tel: 01442 240579

Turning Point Hertsreach North and East Herts

Tel: 01462 672381

Turning Point Hertsreach St Albans **

Tel: 01727 893 344

Turning Point Hertsreach Watford **

Tel: 01923 221037

Turning Point Hertsreach Criminal Justice

Tel: 0800 652 3169

Vale House Stabilisation Services

Service is county-wide

Help is offered to people who have an addiction problem and their families and friends

Tel: 01992 553173

Helpline: 08707 705787

WDP Hertfordshire Drugline **

Offers advice, information and counseling to drug/alcohol users and their families and friends

General Tel: 01992 581 040

WDP Stevenage

Tel: 01438 364067

WDP Hitchin

Tel: 01462 442442

WDP Hertford

Tel: 01992 581040

WDP Royston

Tel: 01763 249977

All of these services are available to family carers over the age of 18, unless stated otherwise, and who identify themselves as affected by someone else's drug and/or alcohol misuse.