



Registered Charity no. 1085491

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Factsheet DA1 Community Drug & Alcohol Teams in Hertfordshire

Is your life affected by the drug or alcohol use of a relative or friend? If so you might experience feelings of fear and loss; anger and betrayal; shame and isolation; there are organisations that can provide support, advice and information to both you and your relative or friend.

Community Drug and Alcohol Teams (CDATs).

CDATs are statutory agencies offering support to people with drug and/or alcohol problems who are actively seeking help. There are 5 CDATs in Hertfordshire providing a range of services including:

- Access to a specialist range of support and counselling services .e.g. hospitals, residential rehabilitation, day care, psychotherapy
- Detoxification supported and supervised by a range of medical and professional staff
- A prescribing service

And information on:

- Harm reduction
- Hepatitis C, HIV/AIDS
- Home detoxification
- In-patient detoxification
- Safer drug and alcohol use
- Needle exchange services
- One-to-one advice and support including relapse prevention
- Work in conjunction with the Courts and Probation Service via Drug Treatment and Testing Orders (DTTO) and Drug Rehabilitation Requirements (DRR)
- Specialist Assessments
- Shared care packages
- Counselling

Please see overleaf for CDAT contact details

CDATs can, where appropriate, also provide family carers with information and advice and signpost them to support. The CDATs are responsible for undertaking Carers Assessments (see factsheet G3 Carers Assessment). The purpose of the Carers Assessment is to look at the support you provide and the stresses that it places on you. It is your opportunity to tell the CDAT about the things that could make caring easier for you and to talk about any concerns you may have about the future. The CDAT will use the assessment to decide what help to provide.

Community Drug and Alcohol Team – North West Herts

Edinburgh House
82 – 90 London Road
St Albans
AL1 1TR

CMH Centre
Slipper Hill
Hemel Hempstead
HP2 5XY

Tel: 01727 830031

Tel: 01442 269564

Community Drug and Alcohol Team – Stevenage and North Herts

The Danestrete Centre
Southgate
Stevenage
SG1 1HB

Tel: 01438 781458

Community Drug and Alcohol Team – South West Herts

18 Station Road
Watford
WD17 1JU

78 Shenley Road
Borehamwood
WD6 1EH

Tel: 01923 801802

Tel: 0208 9538556

South East Herts Community Drug and Alcohol Service

Yew Tree Lodge
2A Baldock Street
Ware
SG12 9DZ

Room 4, Bishop's College,
Broxbourne Council
Churchgate
Cheshunt
EN8 9XH

Tel: 01920 860140

Tel: 01992 638305

The Cedar Project

North Road
82 great North Road
Hatfield
AL9 5BL

Tel: 01707 267000