

Carers in Hertfordshire Carer Hub Support
Groups and Peer Led Groups



If you are interested in trying out any of the groups below, please either e-mail learning@carersinherts.org.uk or phone 01992 58 69 69 and let us know which group you are interested in. We will then call the carer contact for the group who will be able to confirm timings, dates and venues with you – as occasionally these may have to change.

The main purpose of these groups is for carers to offer each other practical and emotional support.

Name of Group	Where Meeting
Carers in Hertfordshire Hub Group – Berkhamsted	Swan Youth Project, 137-139 High Street, Berkhamsted, HP4 3HH Second Tuesday of the month, 10.30am – 12.30pm
Carers in Hertfordshire Hub Group – Bishop’s Stortford	Bishop’s Stortford Baptist Church, Twyford Road, Bishop’s Stortford, CM23 3LJ First Wednesday of the month 10.30am - 12.30pm
Carers in Hertfordshire Hub Group – Borehamwood	Allum Manor House & Hall (Room 3), 2 Allum Lane, Elstree, WD6 3PJ Second Thursday of the month, 10am – 12pm noon
Carers in Hertfordshire Hub Group - Buntingford	Buntingford Library, 77 High Street, Buntingford, SG9 9AE Last Tuesday of the month, 10.30am - 12.30pm
Carers in Hertfordshire Hub Group – Chorleywood and Rickmansworth	Christ Church, The Common, Rickmansworth Road, Chorleywood, WD3 5SG Third Monday of the month 10.30am - 12.30pm
Carers in Hertfordshire Hub Group – Hemel	South Hill Centre, Cemetery Hill, Hemel Hempstead, HP1 1JF. Second Wednesday of the month 10.30am - 12pm noon
Carers in Hertfordshire Hub Group – Hoddesdon	Baptist Church, Burford Street, Hoddesdon, EN11 8HX Last Friday of the month 10.30am - 12.30pm
Carers in Hertfordshire Hub Group – Letchworth Garden City	Garden House Hospice, Gillison Close, Letchworth, SG6 1QU Third Wednesday of the month 10.30am - 12.30pm
Carers in Hertfordshire Hub Group – Potters Bar	King Charles the Martyr Church, 368 Mutton Lane, Potters Bar EN6 3AS (new venue from Aug 2018) Last Wednesday of the month 10.30am - 12.30pm
Carers in Hertfordshire Hub Group – St Albans	St Paul’s Church, Blandford Road, St Albans, AL1 4JP Third Tuesday of the month 10.30am – 12.30pm
Carers in Hertfordshire Hub Group - Stevenage	Stevenage Leisure Centre, Lytton Way, Stevenage, SG1 1LZ Last Thursday of the month 10am – 12pm noon
Carers in Hertfordshire Hub Group – Ware	Salvation Army Hall, Baldock Street, Ware, SG12 9DH Third Friday of the month, 10.30am - 12.30pm
Carers in Hertfordshire Hub Group Watford	Peace Hospice (Starlight Room), Peace Drive, Watford, WD17 3PH Second Monday of the month, 10.30am - 12.30pm (See end of list for Peer Led at ASDA)
Carers in Hertfordshire Hub Group – Welwyn Garden City	United Reformed Church, Church Road, Welwyn Garden City, AL8 6PS Third Wednesday of the month, 12pm noon - 2pm

Caring for Carers in Mental Health Dacorum	c/o Herts Mind Network, 139 Leighton Buzzard Road, Hemel Hempstead, HP1 1HN First Thursday monthly, 7.45pm – 10pm Contact: Dick Lovelace 01442 823712 or 07850 186210
North Herts Mental Health Carer Support Group	Care Community Hub, 19-29 Station Road, Letchworth, SG6 3BB Third Thursday of the month, (not August) 10am – 12pm noon
Stevenage Mental Health Carers Support Group	Stevenage Wellbeing Centre, 13 Town Square, Stevenage, SG1 1BP. Cost: £2 per session Second Tuesday of each month 6pm - 7.30pm
Carers Camera Club Welwyn Garden City	The Café, Campus West, Welwyn Garden City, AL8 6BX Second Wednesday of the month, 10am – 12pm noon
St Albans Stitch and Knit	Waterend Barn Pub, St Peter's Street, St Albans, AL1 3LE Alternate Tuesdays 10.30am – 12pm noon
Abbots Langley Carers Network	Methodist Church Hall, Langley Road, Abbots Langley, WD5 0EJ Last Wednesday of the month 10.30am - 12pm noon
The Pudding Club Bishop's Stortford	The Emmaus Centre, St James' Thorley, Bishop's Stortford, CM23 4BE Third Monday of the month 8pm - 9.30pm
Hatfield Evening Group	Tesco Extra (Community Room), Mount Pleasant, Oldings Corner, Hatfield, AL9 5JY. Second Wednesday evening of each month 7.30pm - 9pm.
Hertsmere Carers Coffee Morning Potters Bar	St John House, The Walk, Potters Bar, EN6 0QQ, next to Parkfield Surgery, Meet alternate months first Friday 10.30am - 12pm noon 1st June, 3rd August, 5th October, 7th December 2018
Radlett Group	Radlett Reform Synagogue, 118 Watling Street, Radlett, WD7 7AA (please ring the bell for access) (No meeting in September) Second Wednesday of each month 1.30pm - 3pm
Dawn to Dusk Carers Support Group St Albans	Charles Morris Hall, Tyttenhanger Green, St Albans, AL4 0RN Thursdays 11.00 am-1.00 pm
Stevenage Carers Lunch	Bistro, Stevenage Leisure Centre, Lytton Way, Stevenage, SG1 2UA Second Monday of the month 12pm noon – 2pm
Watford Carers Group	ASDA, Odhams Industrial Estate, St Albans Road, Watford, WD24 7RT First Thursday of the month 10.30am – 12.30 pm