

Carers in Hertfordshire Carer Hub Support
Groups and Peer Led Groups



4 September 2017

If you are interested in trying out any of the groups below, please either e-mail learning@carersinherts.org.uk or phone 01992 58 69 69 and let us know which group you are interested in. We will then call the carer contact for the group who will be able to confirm timings, dates and venues with you – as occasionally these may have to change.

The main purpose of these groups is for carers to offer each other practical and emotional support.

Name of Group	Where Meeting
Carers in Hertfordshire Support Hub Group - Stevenage	Stevenage Leisure Centre, Lytton Way, Stevenage, SG1 1LZ Last Thursday of each month 10am - 12 noon
Carers in Hertfordshire Support Hub Group Watford	Community Room, ASDA, North Watford, WD24 7RT 1st Thursday of each Month 10.30am - 12.30pm
Carers in Hertfordshire Support Hub Group – Welwyn Garden City	United Reform Church, Church Road, Welwyn Garden City, AL8 6PS 3rd Wednesday of each Month 12pm - 2.00pm
Carers in Hertfordshire Support Hub Group – Hemel	South Hill Centre, Cemetery Hill, HP1 1JF. 2nd Wednesday of each Month 10.30am - 12pm
Carers in Hertfordshire Support Hub Group – St Albans	St Pauls Church, Blandford Road, St Albans, AL1 4JP 3rd Tuesday each month 10.30 am – 12.30 pm
Carers in Hertfordshire Support Hub Group – Bishops Stortford	Methodist Church, Wesley Hall, 34B South Street, Bishop's Stortford, CM23 3DZ 1st Tuesday morning each month 10.30am - 12.30pm
Carers in Hertfordshire Support Hub Group – Hoddesdon	Baptist Church, Burford Street, Hoddesdon, EN11 8HX Last Friday morning of each month 10.30am - 12.30pm
Carers in Hertfordshire Support Hub Group – Letchworth Garden City	Letchworth Garden House Hospice, Gillison Close, Letchworth, Hertfordshire, SG6 1QU 3rd Wednesday morning of each month 10.30am - 12.30pm
Carers in Hertfordshire Hub Group – Potters Bar	Residents Lounge, Furzefield Court, Mutton Lane Potters Bar Herts, EN6 3BS Last Wednesday morning of each month 10.30am -12.30pm.
Carers in Hertfordshire Hub Group – Chorleywood and Rickmansworth	Chorleywood Beaumont Care Home, Rickmansworth Road, Rickmansworth WD3 5BY 3rd Monday morning of each month 10.30am - 12.30pm

Carers in Hertfordshire Hub Group – Ware	Salvation Army Hall, Baldock Street, Ware, Herts, SG12 9DH Third Friday of each month 10.30am - 12.30pm
St Albans Carers Coffee Group	Water End Barn Pub, St Albans 10.30am - 12pm noon (call for details) (Dawn to Dusk Carers Group meets on a Thursday – Call for details)
Carers Camera Club	The Café, Campus West, Welwyn Garden City, AL8 6BX 2 nd Wed of each Month from 10am
Hertsmere Carers Coffee Morning	St Johns House, The Walk, Potters Bar, EN6 0QQ, next to Parkfield Surgery, Meet alternate months first Friday 10.30am - 12pm noon
St Albans Stitch and Knit	Waterend Barn Pub, St Peter's Street, St Albans, AL1 3LE Alternate Tuesdays 10.30am - 12 noon
Stevenage Carers Lunch	Salt and Good, 5 The Plaza, Town Square, Stevenage SG1 1PF 2 nd Monday of each month 12 noon - 2pm
Abbots Langley Carers Coffee Morning	Methodist Church Hall, Langley Road, Abbots Langley, WD5 0EJ Last Wednesday of each month 10.30am - 12pm noon
The Pudding Club	The Barnabus Centre, St James' Thorley, Bishop's Stortford, CM23 4BE 3 rd Monday of the month 8pm - 9.30pm
North Herts Mental Health Carer Support Group	The Well Being Centre, 28 Broadway, Letchworth, SG6 3AA 3 rd Thursday of every month, (not August) 10am – 12 noon
Hemel Carers Evening Group	Greenhills Day Service, Tenzing Road, Hemel Hempstead, HP2 4HS 2 nd Thursday every third month 7pm - 8:30pm e.g. June, Sept 2017
Radlett Group	Radlett Reform Synagogue, 118 Watling Street, Radlett, WD7 7AA (please ring the bell for access) (No meeting in April and October) Wednesdays 10/5,14/6,12/7, 9/8,13/9, 8/11,13/12 1.30pm - 3.00pm
Hatfield Evening Group	Community Room, Tesco's Extra, Mount Pleasant, Oldings Corner, Hatfield AL9 5JY. 2 nd Wednesday evening every month 7.30pm - 9.00pm.
Borehamwood Care and Share Group	Maxwell Community Centre, Maxwell Road, Borehamwood, WD6 1JJ Alternate Monday's 10.00am - 12.00 noon, e.g. 3 Oct 2016
Bushey Carers Group	The Niland Centre, Rosary Priory, 93 Elstree Way, Bushey Heath, Bushey, WD23 4EE 3 rd Wednesday every month 2.00pm - 4.00pm
Borehamwood Carers Group	Fountain Court, Brook Road, Borehamwood, WD6 5RH 1 st Wednesday every month 2.00pm - 4.00pm
Stevenage Mental Health Carers Support Group	Stevenage Wellbeing Centre, 13 Town Square, Stevenage, SG1 1BP 3 rd Tuesday of every month 6.00-7.30 pm Cost: £2 per session
Caring for Carers in Mental Health Dacorum	Herts Mind Network, 139 Leighton Buzzard Road, Hemel Hempstead, HP1 1HN 1 st Thursday of every month, 7.45pm – 10pm Contact: Dick Lovelace 01442 823712 or 07850 186210